

MEAL PRICING
 Breakfast: \$5 X Lunch: \$7

Dexter Diner Menu

November 2022

Dexter recognizes the important link between proper nutrition and academic success and we strive to offer students a healthy variety of freshly made food options. For students with dietary restrictions or allergies, parents must provide lunch and snacks as appropriate.



Monday

Tuesday

Wednesday

Thursday

Friday

Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4
	<p>Breakfast: Cinnamon Rolls Scrambled Eggs, Sausage, Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Chicken Strips Mac and Cheese Corn Ice Cream</p>	<p>Breakfast: Mini Muffins Cheesy Scrambled Eggs with Ham, Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Spaghetti w/ Meatballs Steamed Broccoli Garlic Bread Cookie</p>	<p>Breakfast: Pancakes, Bacon Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Nachos Rice and Beans Applesauce or Go-gurt</p>	<p>Breakfast: Biscuits N Gravy or Jelly Sausage Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Creamy & Cheesy Squash Soup Ham & Turkey Sandwich Chips Fruit Snacks</p>
7	8	9	10	11
<p>Breakfast: Piggies in a Blanket Scrambled Eggs Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Baked Chicken Legs Broccoli Rice Casserole Chips Jello</p>	<p>Breakfast: Pancakes, Sausage Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Crunchy or Soft Beef Tacos Rice and Beans Cookie</p>	<p>Breakfast: Breakfast Tacos Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Beef Stroganoff Green Beans Roll Ice Cream</p>	<p>Breakfast: Cinnamon Rolls Scrambled Eggs, Sausage, Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Pulled Pork Sandwiches Tater Tots Fresh Fruit</p>	<p>Breakfast: Pancakes, Bacon Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Frito Pie Hashbrown Casserole Go-gurt or Applesauce</p>
14	15	16	17	18
<p>Breakfast: Piggies in a Blanket Scrambled Eggs Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Ravioli Lasagna Steamed Broccoli Garlic Bread Ice Cream</p>	<p>Breakfast: Pancakes, Sausage Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Chicken & Cheese Quesadillas Rice and Beans Cookie</p>	<p>Breakfast: Biscuits N Gravy or Jelly Sausage Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Personal Pizza Corn Banana Pudding</p>	<p>Breakfast: Cinnamon Rolls Scrambled Eggs w/ Ham Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Broccoli Cheese Soup Grilled Cheese Sandwich Chips & Fruit</p>	<p>Breakfast: Pancakes, Bacon Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Hamburgers Tater Tots Go-gurt or Applesauce</p>
21	22	23	24	25
<h1>Happy Thanksgiving Week</h1>				
28	29	30		
<p>Breakfast: Mini Muffins Scrambled Eggs Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Hot Dogs w/ Chili Cheese and more Chips Fresh Fruit</p>	<p>Breakfast: Pancakes, Sausage Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Chicken Pot Pie Ranch Style Beans Go-gurt or Applesauce</p>	<p>Breakfast: Cinnamon Rolls Scrambled Eggs w/ Ham Applesauce Fruit, Cereal, Yogurt</p> <p>Lunch: Spaghetti & Meatballs Green Beans Garlic Roll Brownie Bite</p>		


Menu items are subject to change without notice

Dexter Diner Menu

October 2022

Dexter recognizes the important link between proper nutrition and academic success and we strive to offer students a healthy variety of freshly made food options. For students with dietary restrictions or allergies, parents must provide lunch and snacks as appropriate.



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p><u>Breakfast:</u> Pancakes, Bacon Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Cheese Enchiladas Rice and Beans Fresh Fruit</p>	<p>4</p> <p><u>Breakfast:</u> Cinnamon Rolls Scrambled Eggs, Sausage, Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Chicken Strips Mac and Cheese Corn Ice Cream</p>	<p>5</p> <p><u>Breakfast:</u> Mini Muffins Cheesy Scrambled Eggs with Ham, Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Spaghetti w/ Meatballs Steamed Broccoli Garlic Bread Cookie</p>	<p>6</p> <p>SCHOOL CLOSED</p> <p>STAFF DEVELOPMENT DAY</p>	<p>7</p> <p>SCHOOL CLOSED</p>
<p>10</p> <p>SCHOOL CLOSED</p> <p>PARENT/TEACHER CONFERENCES</p>	<p>11</p> <p><u>Breakfast:</u> Pancakes, Sausage Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Beef Nachos Rice and Beans Cookie</p>	<p>12</p> <p><u>Breakfast:</u> Breakfast Tacos Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Beef Stroganoff Green Beans Roll Jello</p>	<p>13</p> <p><u>Breakfast:</u> Cinnamon Rolls Scrambled Eggs, Sausage, Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> BBQ Chicken Legs Mashed Potatoes Broccoli w/ Cheese Brownie Bite</p>	<p>14</p> <p><u>Breakfast:</u> Pancakes, Bacon Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Hamburgers Chips Go-gurt or Applesauce</p>
<p>17</p> <p><u>Breakfast:</u> Piggies in a Blanket Scrambled Eggs Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Alfredo Ravioli Steamed Broccoli Garlic Buttered Roll Ice Cream</p>	<p>18</p> <p><u>Breakfast:</u> Pancakes, Sausage Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Tacos Rice and Beans Cookie</p>	<p>19</p> <p><u>Breakfast:</u> Biscuits N Gravy or Jelly Sausage Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Shepherd's Pie Ranch Style Beans Orange Slices</p>	<p>20</p> <p><u>Breakfast:</u> Cinnamon Rolls Scrambled Eggs w/ Ham Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Grilled Cheese Sandwich Chips, Fresh Fruit Yogurt or Applesauce</p>	<p>21</p> <p><u>Breakfast:</u> Pancakes, Bacon Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Personal Pizza Corn on the Cob Carrot & Celery sticks Brownie Bite</p>
<p>24</p> <p><u>Breakfast:</u> Mini Muffins Cheesy Scrambled Eggs with Ham, Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Meatball Subs & Chips Carrots & Celery Sticks w/ Ranch Jello</p>	<p>25</p> <p><u>Breakfast:</u> Pancakes, Sausage Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Chicken Pot Pie Ranch Beans GoGurt or Applesauce</p>	<p>26</p> <p><u>Breakfast:</u> Cinnamon Rolls Scrambled Eggs Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Beef & Cheese Quesadillas Rice and Beans Cookie</p>	<p>27</p> <p><u>Breakfast:</u> Piggies in a Blanket Scrambled Eggs Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Chicken Alfredo Pasta Steamed Broccoli Garlic Bread Ice Cream</p>	<p>28</p> <p><u>Breakfast:</u> Pancakes, Bacon Applesauce Fruit, Cereal, Yogurt</p> <p><u>Lunch:</u> Pulled Pork Sandwiches Tater Tots Apple Slices</p>
<p>Halloween 31</p>  <p>Spooky Surprise</p>	<p>Nov 1</p>	<p>Nov 2</p>	<p>Nov 3</p>	<p>Nov 4</p>