

Dexter Diner Menu



December 2023



Dexter recognizes the important link between proper nutrition and academic success and we strive to offer students a healthy variety of freshly made food options. For students with dietary restrictions or allergies, parents must provide lunch and snacks as appropriate.

Monday	Tuesday	Wednesday	Thursday	Friday
				Breakfast: Boiled Eggs, Bacon Fruit, Oatmeal, Cereal, Yogurt Lunch: Chicken Pot Pie, Ranch Style Beans, Banana Pudding
Breakfast: Piggies in a Blanket Scrambled Eggs Fruit, Cereal Oatmeal, Yogurt Lunch: Baked Chicken Legs, Broccoli, Garlic Bread, Fresh Fruit	Breakfast: Pastry, Scrambled Eggs Fruit, Oatmeal, Cereal, Yogurt Lunch: Crunchy or Soft Beef Tacos Rice and Beans Cookie	Breakfast: Breakfast Sandwich, Fruit, Oatmeal,Cereal, Yogurt Lunch: Lasagna, Garlic Bread, Green Beans, Ice Cream	Breakfast: Waffles, Sausage Fruit, Oatmeal, Cereal, Yogurt Lunch: Chicken Noodle Soup Grilled Cheese Sandwich Chips Applesauce or Yogurt	Breakfast: Boiled Eggs with Ham, Cheese Toast,Cereal Fruit, Oatmeal, Yogurt Lunch: Hamburgers, Tater Tots, Jello, Apples
Breakfast: Biscuits and Gravy, Sausage, Jelly, Fruit, Cereal,Oatmeal Lunch: Spaghetti and Meatballs, Broccoli, Roll, Fresh Fruit	Breakfast: Breakfast Tacos, Fruit, Oatmeal, Cereal, Yogurt Lunch: Pizza, Corn, Fresh Fruit, chips	Breakfast: Mini Muffins Scrambled Eggs w/ Ham Fruit, Oatmeal,Cereal, Yogurt Lunch: Nachos Rice and Beans Cookie	Breakfast: Piggies in a Blanket Scrambled Eggs Fruit,Oatmeal, Cereal,Yogurt Lunch: Chicken Strips, Veggie Mix, Hashbrown Casserole, Yogurt or Applesauce	Breakfast: Fried Chicken and Waffles, Fruit, Oatmeal, Cereal, Yogurt Lunch: Beef Stroganoff, Green Beans, Carrots and Tomatoes, Ice Cream
Breakfast: Scrambled Eggs, Ham Steaks, Fruit, Oatmeal, Cereal, Yogurt Lunch: Broccoli Cheese Soup, Ham and Cheese Sliders, Chips, Jello	Breakfast: Pancakes,Bacon, Fruit, Oatmeal, Cereal, Yogurt Lunch: Tortellini Pasta, Roasted Vegetables, Roll, Fresh Fruit	Breakfast: Boiled Eggs, Sausage Fruit, Oatmeal, Cereal, Yogurt Lunch: Baked Potatoes, Corn on the Cob, Carrots and Cherry Tomatoes, Applesauce or Yogurt	Breakfast: Cinnamon Roll, Scrambled Eggs Fruit, Oatmeal, Cereal, Yogurt Lunch: Early Release	22
	26	27		